

CLEAR LIQUID DIET

- Water
- Soft drinks (orange, ginger ale, cola, Sprite[®], 7-Up[®], etc)
- Sports drinks (lemonade, orange flavors only)
- KoolAid[®] (lemonade, orange flavors only)
- Strained fruit juices without pulp (apple, white grape, white cranberry, lemonade, etc.)
- Tea or coffee (no milk or nondairy creamer)
- Low-salt chicken, beef or vegetable bouillon/broth
- Hard candies
- Jell-O[®] (lemon, lime or orange; no fruit or toppings)
- Popsicles[®], Italian ice (no ice cream, sherbets, or fruit bars)

DO NOT DRINK OR EAT ANYTHING COLORED RED OR PURPLE.

DO NOT DRINK ANY ALCOHOLIC BEVERAGE.

DRINK AT LEAST 6-8 LARGE GLASSES OF CLEAR LIQUID TO ENSURE YOU WILL BE PREPARED FOR YOUR EXAM.