



Pacific Gastroenterology
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CAPSULE ENDOSCOPY INSTRUCTIONS

Capsule swallowed at _____ a.m.

Continue having nothing to eat or drink.

Starting at _____ you can have CLEAR LIQUIDS ONLY.

Starting at _____ you can have SOFT foods. (eggs, jello, pudding, applesauce, soups etc.)

You will need to return to the office before _____ p.m. to return the equipment.

While wearing the equipment, do not exercise /go through any type of x-ray/ get equipment wet / or stand near sensors in retail stores, which will cause the test to become invalid. (Walking through store sensors is acceptable).

The receiver light will be green while transmitting data; it should also blink blue which is also transmitting data.
If light turns red, contact our office, (360) 823-0880.